



**reclaim life
without lupus**



TOP TEN REASONS TO JOIN THE LUPUS SOCIETY

**Join
Now!**

1. Join the fight against lupus
2. Learn about lupus
3. Support research
4. Stay up to date with local lupus news
5. Learn to cope and live well with lupus
6. Help the BCLS help others
7. Make new friends who speak the same language
8. Gain emotional support
9. Receive new research information
10. Show you care about the cause of lupus

