Antiphospholipid Syndrome (APS) occurs when the blood is “sticky”, and needs to be thinned to function properly. People who develop APS have an increased risk of thrombosis and miscarriage. This article provides a description of APS and the symptoms associated with it. It provides medical treatment options and suggests possible tests that may be undertaken to complete diagnosis. APS can be a serious medical illness if not treated properly, it is important to consult your doctor if you are experiencing symptoms.