Be Empowered: *Taking charge of your healthcare goes a long way towards coping with lupus*
By: Gerri Miller

As a patient with lupus, you need to take the initiative and work with your doctor as a team. Educate yourself, ask questions and voice concerns. Although your doctor has medical knowledge, you have the experience of living with lupus. This article details ways in which both doctors and patients can facilitate communication, to improve health care services.